



CRIEFF and STRATHEARN DROVERS' TRYST

CRIEFF & STRATHEARN DROVERS' TRYST 2024

Thank you for booking to take part in a Drovers' Tryst walk. Information about the walk is as follows:

WALK: Ben Starav and Glas Bheinn Mhor

DATE: Friday, 10th May, 2024

TRANSPORT: Own transport required

WALK START TIME: 9:00 am For '**own transport required**' walks, this is the time you must meet the walk leader and others at the walk start place.

WALK LEADER: Ken and Alison Clarke

WALK GRADE: Extra Hard

WALK DISTANCE: 16 km

WALK START PLACE - NN136468 (OS landranger sheet 50). Parking area opposite end of track to Coileitir. This is accessed by the single track road signposted Glen Etive off the A82. The Glen Etive road is narrow and winding so please allow adequate time for this when planning your journey. You must be prepared to make your own way to the walk start place, usually requiring a car. Please ensure that you are there a few minutes before the published start time of the walk (9:00 am). At the start point, you will meet your Walk Leader - and your fellow walkers. On completion of the walk, we anticipate getting back to the cars at approx - 5:30 pm.

Excellent walking in an outstanding location.

Ben Starav (1078) will be ascended via the long and unrelenting NE ridge.

The route then follows the connecting ridge to Glas Bheinn Mor dropping to 766m at the intervening col. The descent off Ben Starav is steep and rocky requiring some easy but airy scrambling in places.

Beyond the col the going is easier on a broad easier angled ridge leading to the summit of Glas Bheinn Mor (997m) and on our descent route following the Allt Mheuran from the col at 738m.

WALK FINISH TIMES

Please note that finish times are all approximate. The duration of any walk can vary significantly, depending on the group, the weather and a number of other factors, **so return times are not guaranteed, and we advise that you plan accordingly.**

SAFETY NOTES:

Walk duration - 8/9 hours. This is a strenuous walk on rough and rocky hills with a tough ascent from sea level requiring a good degree of fitness. The descent to the bealach separating the two hills is steep and airy -easy scrambling but requiring good head for heights and confidence on steep ground. Be prepared for a longish day and take plenty of snacks /fluids

GEAR NOTES:

For Medium, Hard and Extra Hard walks we ask walkers to make sure they have full hillwalking gear, by which we mean definitely the following: Boots, warm clothing, warm/quick drying trousers (not denim jeans), waterproof jacket and over trousers, rucsac, hat, gloves, spare fleece, packed lunch, spare food and drink, small personal first aid kit including any medications, mobile phone, headtorch, and bivvy bag if you have one, and possibly also these other items, depending on personal preference: Gaiters, rucsac cover, walking poles, spare socks, map, compass, GPS, lipsalve, camera. Please bring any personal medication and an "In Case of Emergency" number. You may also wish to bring binoculars and a camera.

CANCELLATION OR DELAY:

Cancellations can be made free of charge up to 14 days after booking. For cancellations outwith that period a charge of £2 per walk place will be made until two weeks before the walk date. AFTER THAT DATE THERE WILL BE NO REFUNDS because we cannot be sure of re-selling cancelled places at such short notice. We would be grateful if you could let us know if you are unable to take part in a walk for which you have booked - that lets us know who to expect or not on the day. Please do so in the following way:

- Prior to 6pm on the Thursday evening before the start of the Festival Weekend on the Friday, please email us at: droverstryst@gmail.com.
- If cancelling after 6pm on the Thursday evening please email us at: droverstryst@gmail.com **AND contact the Tryst Co-ordinator on 07522 841673.**
- If you cannot take part or are delayed for any reason on the actual walk day, **please contact the Tryst Co-ordinator on 07522 841673.** Although we try to reach group members who have not turned up on the day, it is really helpful if you can contact us first.

OTHER IMPORTANT INFORMATION:

- The organisers of the Crieff and Strathearn Drovers' Tryst recognise that hill walking is an activity with the danger of personal injury. Participants in Drovers' Tryst walks should be aware of, and accept this risk, and take responsibility for their own actions. It is recommended that individuals provide their own accident insurance cover.
- The walks are led by experienced leaders on a voluntary basis. Walks may be cancelled due to weather conditions or circumstances beyond the organisers' control, and alternative walks will be offered wherever possible.
- Children are welcome on Easy and Medium walks but must be accompanied by a responsible adult and be capable of completing the walk. Minimum age for Medium walks is twelve and minimum age for Hard and Extra Hard walks is sixteen.
- The Tryst reserves the right not to accept participants on a walk if they are not appropriately dressed/kitted out for the level of walk they have signed up for.
- Extra hard walks are not suitable for inexperienced hillwalkers and hard walks do require a reasonable level of walking fitness.
- Dogs are not allowed on Tryst walks, except for guide-dogs.
- The walk fees now include all costs associated with travelling to the start point and for returning back to Crieff, whether by minibus or private car.